

Addicted.com Urges Addicts to Seek Help as New Year's Resolution

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LOS ANGELES--(BUSINESS WIRE)--

Addicted.com, a website for addicts and their families to find support and recovery resources online, is urging those struggling with addictions to pass a New Year's resolution in '08 to seek help.

"It's easy to say you will stop drinking, stop smoking, eat healthier, stop doing drugs," said Addicted.com Founder and CEO, John S. Shegerian, "but when you suffer from an addiction, the healing process is far more complex than a simple promise. Sometimes the hardest step to take is the very first one - that reaching out to find help. And that's what we are encouraging people to do. If you struggle with an addiction of any kind, and all the destruction and shame that can come with it, we urge you to take that first courageous step and seek help. Recovery doesn't happen overnight - and it takes a commitment to oneself. That commitment is a realistic, potentially life-saving New Year's resolution that any addict should make."

Addicted.com is free to its users and works closely with a full slate of professional addiction experts specializing in the diagnosis and treatment of common addictions including eating disorders, sexual addiction, gambling and drug and alcohol addiction. The site also offers people seeking help a proprietary Zip Code Locator which visitors can use to find nearby recovery centers, doctors, counselors and other assistance for their addictions.

The site is also the first of its kind to feature virtual tours of treatment facilities so that people struggling with addictions and their families and loved ones can get a sense of the treatment options available in advance.

Along with AddictedSpace and AddictedTube, visitors can take self-tests to help determine whether they have an addiction and may need to seek help. Articles, advice, experts and other resources give users the option of complete anonymity if they are seeking resources but aren't ready to share their story with the world.

The main goal of Addicted.com is to provide addiction recovery resources and tools for addicts, family members and friends throughout the world-wide internet community. Visitors to the site come for advice, answers, assistance or just someone to talk with.

For more information on Addicted.com, its mission and services, please visit www.addicted.com or contact info@addicted.com, 1-866-ADDICTED.

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