



## **Addicted.com Promotes Observance of Alcohol Awareness Month**

*April 3, 2008 2:54 PM EDT*

In honor of Alcohol Awareness Month (April), Addicted.com, a website for addicts and their families to find support and recovery resources online, is urging the population at large to seek out more help to treat the addiction to alcohol that they or their loved ones may struggle with.

"Alcohol abuse is a problem of epic proportions in the United States today," said Addicted.com Founder and CEO John S. Shegerian. "It is estimated that in this month alone, 54 million Americans will participate in binge drinking of some kind and that approximately 22 million adults can be categorized as people who abuse alcohol or are alcohol dependent. From college students who binge drink to professionals who drink after a long day of work to seniors who drink out of loneliness - it is a far reaching condition that touches virtually every American family. During Alcohol Awareness Month, we at Addicted.com send a message out to those struggling with their addiction that help is available -- go online, read books, get screened - whatever it takes to start your road to recovery - and do it today!"

To recognize serious problem of alcohol abuse, the United States Department of Health and Human Services' Substance Abuse & Mental Health Services Administration declared April "Alcohol Awareness Month" in an effort to promote education and emphasize the seriousness of the condition.

"We applaud the Department of Health and Human Services," said Shegerian. "Their attempts to encourage anonymous screenings and the promotion of educational programs for people struggling with alcohol addiction are a major contribution to society."

The Addicted.com site itself works to educate visitors via a full slate of professional addiction experts that specialize in the diagnosis and treatment of common addictions including eating disorders, sexual addiction, gambling and drug and alcohol addiction. The site also offers people seeking help a proprietary Zip Code Locator which visitors can use to find nearby recovery centers, doctors, counselors and other assistance for their addictions.

The site is also the first of its kind to feature virtual tours of treatment facilities so that people struggling with addictions and their families and loved ones can get a sense of the treatment options available in advance.

Along with AddictedSpace and AddictedTube, visitors can take self-tests to help determine whether they have an addiction and may need to seek help. Articles, advice, experts and other resources give users the option of complete anonymity if they are seeking resources but aren't ready to share their story with the world.

Addicted.com provides addiction recovery resources and tools for addicts, family members and friends throughout the Internet community. The main goal of the site is to maintain a well-known on-line space for people to visit when they need advice, answers, assistance or just someone to talk with.